



CCVS
centre for children
in vulnerable situations

Centre for Children in Vulnerable Situations (CCVS)



CCVS-International

Prof. dr. Ilse Derluyn

Interuniversity research centre



Aim

The *overall aim* of the activities of the Centre for Children in Vulnerable Situations is the **promotion of the well-being of children living in vulnerable situations** in the South

Specific aims

- Scientific research on psychosocial well-being of children living in vulnerable situations in the South
 - Research must be linked to practice (back & forth)

- Expertise, documentation and training centre
 - Research
 - Support centres



Research
activities

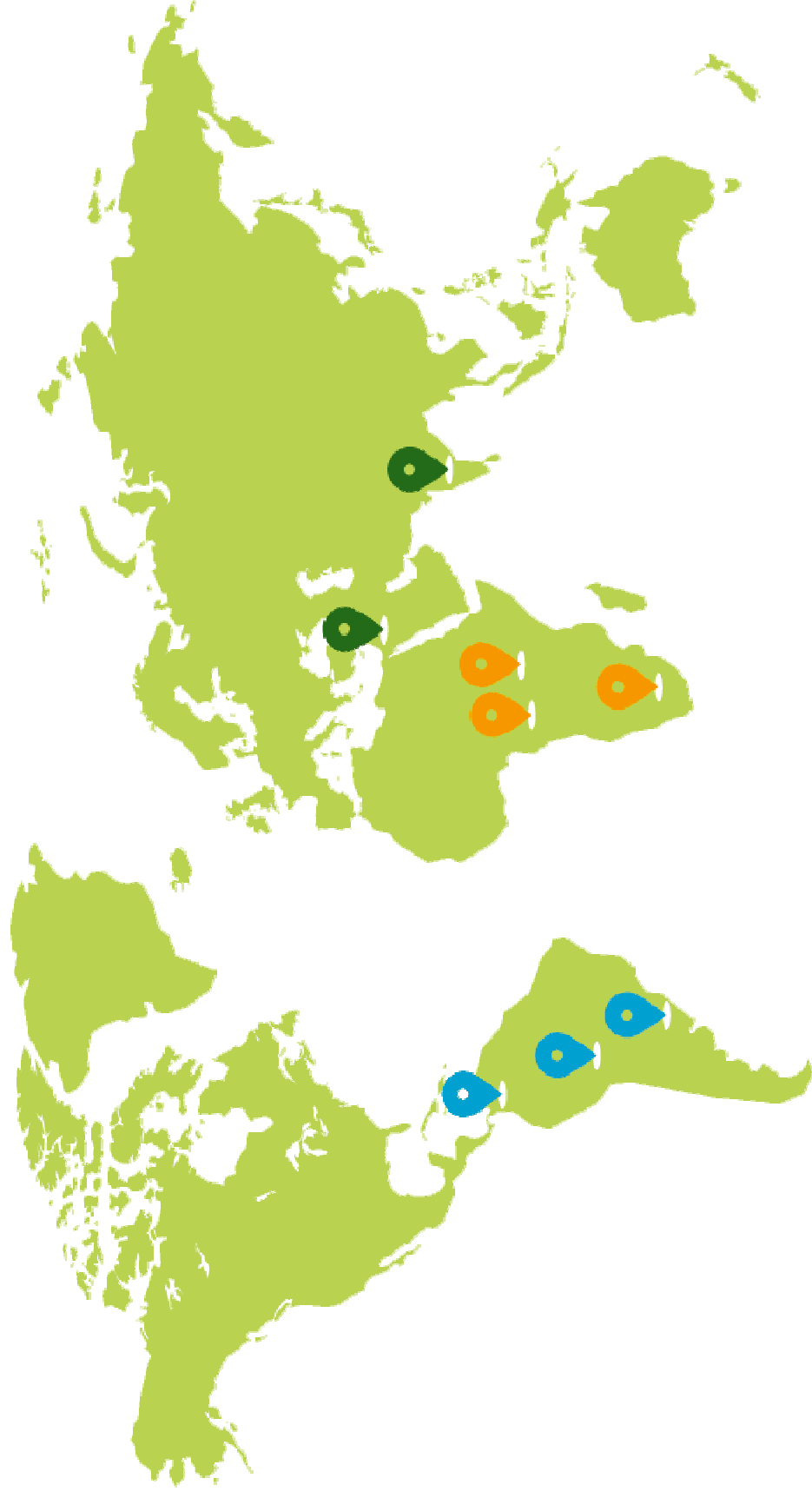


Support
centres



Dissemination





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Support centres

Lira, Uganda



Bunia, DR Congo



CCVS-Uganda

Vincent Alele, Ponsiano Okalo, Jennifer Atenga, Denis Eyalu,
Rebecca Rachel Akadu, Harriet Awor, Sheila Ochan Apio,
Lawrence Ogwal & Leen De Nutte

Target groups

Children and youth (in post-conflict areas) & their caretakers/families

→ Communities

→ Schools

→ Governmental institutions

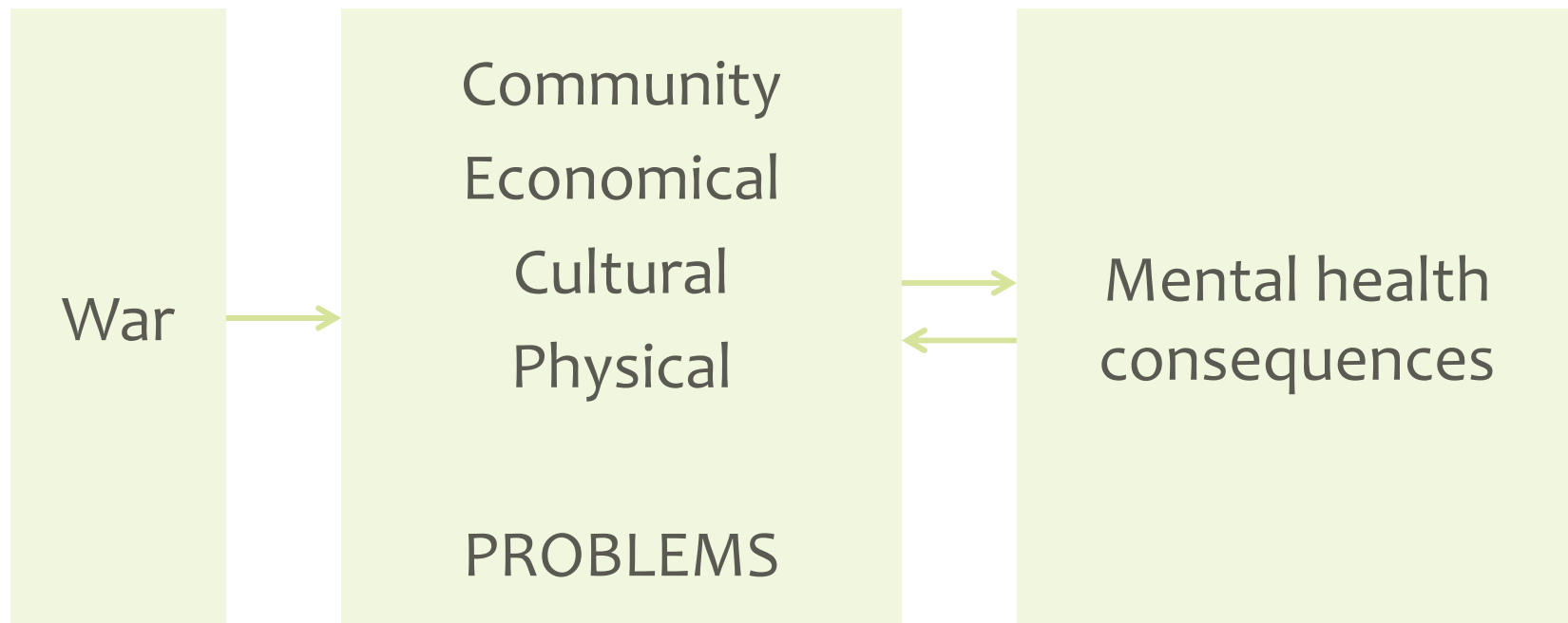
- Prison
- Mental Health Unit
- Health centres

→ Orphanage

April 2016 –
December 2016:

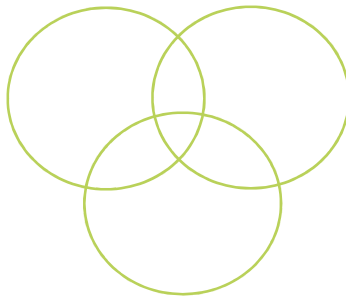
9.288
beneficiaries

Common problems



Mental health problems

- Depression and grief
- Trauma
- Anxiety-related problems
- Psychosis
- Emotional problems
- Behavioural problems
- Low self esteem and confidence
- Suicidal ideation
- Stress
- Alcohol/substance abuse



(!) Comorbidity

Therapeutic approaches

→ **Systemic approach**

→ **Collaborative stance**

→ Sensitization & psycho-education

→ Individual Therapy

→ Family Therapy

→ Couple Therapy

→ Group Therapy

→ Support groups

→ Community dialogues

→ Play therapy



Activities

→ **Community outreach** (18 communities, 3.117 persons)



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Activities

- Community outreach (18 communities, 3.117 persons)
- **Radio programme** (33 shows, 515 respondents)



*Healing Our Wounds @ Radio Waa
Every Tuesday 5:00 - 6:00 Pm*



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Activities

- Community outreach (18 communities, 3.117 persons)
- Radio programme (33 shows, 515 respondents)
- **Centre-based** (32 persons)



Activities

- Community outreach (18 communities, 3.117 persons)
- Radio programme (33 shows, 515 respondents)
- Centre-based (32 persons)
- **Schools** (15 schools, 4.194 persons)



Activities

- Community outreach (18 communities, 3.117 persons)
- Radio programme (33 shows, 515 respondents)
- Centre-based (32 persons)
- Schools (15 schools, 4.194 persons)
- **Trainings** (2 training programmes)



Activities

- Community outreach (18 communities, 3.117 persons)
- Radio programme (33 shows, 515 respondents)
- Centre-based (32 persons)
- Schools (15 schools, 4.194 persons)
- Trainings (2 training programmes)
- **Mental Health Unit (90 persons)**



Activities

- Community outreach (18 communities, 3.117 persons)
- Radio programme (33 shows, 515 respondents)
- Centre-based (32 persons)
- Schools (15 schools, 4.194 persons)
- Trainings (2 training programmes)
- Mental Health Unit (90 persons)
- **Health Centres** (2 centres, 51 persons)



Activities

- Community outreach (18 communities, 3.117 persons)
- Radio programme (33 shows, 515 respondents)
- Centre-based (32 persons)
- Schools (15 schools, 4.194 persons)
- Trainings (2 training programmes)
- Mental Health Unit (90 persons)
- Health Centres (2 centres, 51 persons)
- **Prisons** (2 prisons, 1.289 persons)



Activities

- Community outreach (18 communities, 3.117 persons)
- Radio programme (33 shows, 515 respondents)
- Centre-based (32 persons)
- Schools (15 schools, 4.194 persons)
- Trainings (2 training programmes)
- Mental Health Unit (90 persons)
- Health Centres (2 centres, 51 persons)
- Prisons (2 prisons, 1.289 persons)
- **Research**

CCVS-DRCongo

Nancy Say Kana

Community therapy

- Psychosocial intervention method for vulnerable and war-affected communities
- Created by Doctor Adalberto de Paula Barreto, a Brazilian psychiatrist and anthropologist in 1987



Focus

- Pain
- Frustrations of life
- Pains of the soul shared by the members of the community

- Goal of community therapy:
Care in group



Main idea

The group is:

- A resource
- A solution to an individual's suffering.
- A warm space of exchanges in which each member is able to share his/her experiences of life about the subjects chosen by the group during the therapy sessions.

Functioning

- The groups are open
- Members meet 2, 3 or 4 times a month
- Members talk about their daily psychosocial problems (e.g., poverty, war trauma, alcoholism, stigmatization, etc.) and try to put their pain into words
- They share the experiences in relation to these situations / daily problems

Results

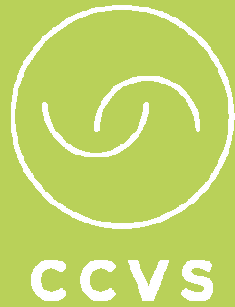
- Reinforce the internal dynamics of each to discover his values and potentialities
- Reinforce the self – esteem of everyone and the esteem of the group
- Renew the relations and the social unit
- Overcome the feeling of hate and vengeance of the ethnic armed conflicts
- To facilitate the forgiveness, reconciliation and peaceful cohabitation between members of these communities affected by the war
- Some cultural processes: songs, proverbs, rituals and expressions played several roles: consolation, support, encouragement, to give hope, unit and peace, etc.

Clinical supervision

Wamala Kizito



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CONTACT INFORMATION



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